

this girl this **woman** JUDE ADAMS



NEWS RELEASE

October 5, 2017

Jude Adams: *The Most Extraordinary Adventure*

Lilford Gallery, 76 Castle Street, Canterbury – **October 17-21, 2017**

Jude Adams: *Soirée with crime novelist, Alis Hawkins*

Lilford Gallery, 3 Palace Street, Canterbury, **October 20, 2017**

Jude Adams: *The Most Extraordinary Adventure* returns to the Lilford Gallery, Castle Street, Canterbury as part of **Canterbury Festival Umbrella**, from October 17 to 21, 2017.

A multimedia event, ***The Most Extraordinary Adventure*** shares the remarkable story of how Canterbury based, singer/songwriter Jude Adams, came to write, perform and launch her debut album, *This Girl, This Woman*, aged 57. Through a blend of “talking-heads” video clips, exhibition of lyrics and images, ***The Most Extraordinary Adventure*** reveals the defining moments of Adams’ life: from her teenage dreams of being a singer to the far-reaching repercussions she encountered because of her sexuality, and the cruel setback of being diagnosed with M.E. at 52, just as she had committed to pursuing a singing career.

Adams is an inspirational role model for older women and joining her at a **Soirée on October 20, 2017** at Lilford Gallery, Palace Street, Canterbury, will be ex-Canterbury-based, crime-fiction author and freelance speaker, **Alis Hawkins**, whose latest novel *None So Blind* was published earlier this year. During the evening Adams will showcase a number of songs from her debut album with jazz keyboardist, composer and author, **Frances Knight**, Canterbury-based, singer, musician and theatre maker, **Miriam Gould** and percussionist and music therapist, **Josefina Cupido**. In addition, Adams and Hawkins will participate in an *In Conversation* focusing on the pivotal aspects of Adams’ life, which influenced ***The Most Extraordinary Adventure***, and discuss the female creative experience of both Adams and Hawkins. (This is a free event. To reserve a ticket please e-mail: judeadamssings@gmail.com.)

Adams’ story is compelling, honest and inspirational. It reveals a gritty determination to achieve her dreams despite perceived obstacles of age, health and a lack of musical know-how. It is a reassuring message to women that age is no barrier and that dreams can be achieved with a little self-belief. Says Adams: “*The Most Extraordinary Adventure is my story. It reveals how many of life’s setbacks can result in a positive outcome if we choose. Indeed, if I had not developed M.E. my debut album may never have come about.*”

www.judeadamssings.net

ENDS

NOTES FOR EDITORS

The Most Extraordinary Adventure has been staged this year at the Lilford Gallery, Canterbury and the Nucleus Arts Centre, Chatham and Adams also performed at Pride Canterbury in June.

This Girl, This Woman, Jude Adams' debut album, was produced by acclaimed pianist, arranger and composer Janette Mason, who has worked with Oasis, Pulp, Seal, Robert Wyatt, and features international soul and modern jazz singer, Sarah Jane Morris of Communards fame and Simon Little, best known as the bassist with The Divine Comedy, Clare Teal and Maggie Reilly. Said Rosie Millard, journalist, broadcaster and chair of Hull UK City of Culture 2017: "*The CD is a wonderful piece of fresh artistic talent, great music, very well delivered, very original...The songs are catchy and have great integrity.*" One of the tracks from the album "Me and Mrs Peel" reached the semi-final of the 2016 UK Songwriting Contest in the Retro category.

Older Women Rock!: a number of tracks from Adams' *This Girl, This Woman*, has been featured by film-maker Clare Unsworth as part of the sound track to her film ***Older Women Rock!***, focusing on spoken word poet, Leah Thorn's political arts project. The film has recently been screened the Quarterhouse, Folkestone (September 24, 2017) and is to be entered into International Film Festivals next year.

ENDS

For further information, photos or copies of the CD please contact:

Penelope James, **Penelope James PR**

Tel: 07860 162231, E-mail: penelope@penelopejamespr.com